State of Washington Department of Health

Behavioral Risk Factor Surveillance System Questionnaire 1999

Washington State Department of Health
Center for Health Statistics
and
Centers for Disease Control and Prevention
National Center for Chronic Disease Prevention and Health Promotion
Office of Adult and Community Health
Behavioral Surveillance Branch

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Washington State Department of Health Center for Health Statistics

1999 Behavioral Risk Factor Surveillance System Questionnaire

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Behavioral Risk Factor Surveillance System 1999 Washington State Questionnaire

INTRODUCTION AND SCREENING	STRAT	
Stratum code		
Zero Block2		
+1 Sample		
8:	INT02	
IF NOT AVAILABLE, ARRANGE CALL-BACK		
Hello, I'm calling for the Washington State Department of Health. The Department		
of Health is doing an important survey of the health practices and day-to-day living habits		
of Washington residents. <c1></c1>		

Your phone number has been randomly chosen to be included in the study and we'd like to ask some questions about things people do which may affect their health.

Is this. . . (READ PHONE NUMBER FROM BOTTOM OF SCREEN)?

IF NO, SAY: Thank you very much, but I seem to have dialed the wrong number. It is possible that your number may be called at a later time.

Is this a private residence in Washington state? IF YES, CONTINUE IF NO, SAY: Thank you very much, but we are only interviewing private residences.

51 Continue

PRESS CODE @INT04

21 Business Number

PRESS F7 TO SEE ALL IF NEEDED STATEMENTS

13:

Our study requires that we randomly select one adult who lives in your household to be interviewed. In order to make this random selection, can you please tell me how many members of your household, including yourself, are 18 years of age or older?

IF NEEDED, SAY: For this survey, households are first randomly selected in the state, and then one adult is randomly selected in each household to be interviewed. It is important to the accuracy of the survey that those selected for the survey participate, because this is what ensures that the results will represent the state as a whole.

IF 1, SAY: Are you the adult? IF YES: Then you are the person I need to speak with. IF NO, SAY: May I speak with him or her? IF NOT AVAILABLE, ARRANGE CALL-BACK.

(98 = CALL-BACK, 99 = REFUSED)
IF REFUSED, THANK & TERMINATE

Number of household members: PRESS CODE @gb

quest99.doc iii 6.10.1999

17:					QB
How many of the	ese adults are	men and how	many are wom	en? (9	= REFUSED)
	Men		PRESS CODE	@qc	
	Women		PRESS CODE	@qd	
	MUST EQUAL	<qb></qb>			
26:					SEL
The person I need to sp					HER CODE
RECORD PERSON PI					
Yes, speaking					
Will get Arrange call-back					
Refused					
Selected household me					
WHEN ON LINE, SAY Department of Hea residents regardi have been randoml members of your h	lth. The Departing their health y chosen to be incusehold.	ment of Healt practices and ncluded in the	h is doing a s day-to-day li e study from a TATEMENTS	tudy of V	Washington its. You adult
28:					INT07
=> +1 if NOT	SEL = 3				
29: \$B This interview will on assurance purposes, but ask you questions about answer a specific question name will not be used, others participating in a Continue	ut all information obtout your health and oution, just let me know, but your responses this study	tained in this stud day-to-day living w and we can skip will be grouped to	y will be confiden habits. If you do over it. IF NEED gether with inform	tial. I will n't want to DED: Your nation from	

Section 1: Health Status

1.1	Would you say that in general your health is: Please Read		(77)
	a. Excellentb. Very goodc. Goodd. Fair		1 2 3 4
	e. Poor		5
	Do not read these responses Don't know/Not Sure Refused		7 9
1.2.	Now thinking about your physical health, which includes physical illness and injurnous many days during the past 30 days was your physical health not good?	y, fo	or (78-79)
	 a. Number of days b. None Don't know/Not sure Refused 	8 7 9	8 7 9
1.3.	Now thinking about your mental health, which includes stress, depression, and prol with emotions, for how many days during the past 30 days was your mental health good?		ns (80-81)
	 a. Number of days b. None If Q1.2 also "None," go to Q2.1 Don't know/Not sure Refused 	8 7 9	- 8 7 9
1.4.	During the past 30 days, for about how many days did poor physical or mental heal keep you from doing your usual activities, such as self-care, work, or recreation?	th	(82-83)
	 a. Number of days b. None Don't know/Not sure Refused 	8 7 9	8 7 9

Section 2: Health Care Access

2.1.	Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?	(84)
	 a. Yes b. No Go to Q2.3a Don't know/Not sure Go to Q2.6 Refused Go to Q2.6 	1 2 7 9
2.2.	Medicare is a coverage plan for people 65 or over and for certain disabled people. Do you have Medicare?	(85)
	 a. Yes Go to Q2.6 b. No Don't know/not sure Refused 	1 2 7 9
2.3.	What type of health care coverage do you use to pay for most of your medical care? Is it coverage through: Please Read	(86-87)
	 a. Your employer <i>Go to Q2.4</i> b. Someone else's employer <i>Go to Q2.4</i> c. A plan that you or someone else buys on your own <i>Go to Q2.4</i> d. Medicare <i>Go to Q2.6</i> e. Medicaid or Medical Assistance <i>Go to Q2.4</i> f. The military, CHAMPUS, TriCare, or the VA [or CHAMP-VA] <i>Go to Q2.4</i> g. The Indian Health Service [or the Alaska Native Health Service] <i>Go to Q2.4</i> 	0 1 0 2 0 3 0 4 0 5 0 6 0 7
	h. Some other source <i>Go to Q2.4</i> Do not read these responses None <i>Go to Q2.5</i> Don't know/Not sure <i>Go to Q2.4</i> Refused <i>Go to Q2.4</i>	0 8 8 8 7 7 9 9

2.3a.	There are some types of coverage you may not have considered. Please tell me if you have any of the following: Coverage through:	
	If more than one, ask "Which type do you use to pay for most of your medical care?"	
	Please Read	
	a. Your employer	0 1
	b. Someone else's employer	0 2
	c. A plan that you or someone else buys on your own	0 3
	d. Medicare Go to Q2.6	0 4
	e. Medicaid or Medical Assistance	0 5
	f. The military, CHAMPUS, TriCare, or the VA [or CHAMP-VA]	0 6
	g. The Indian Health Service [or the Alaska Native Health Service]	0 7
	or	
	h. Some other source	0 8
	Do not read these responses	
	None <i>Go to Q2.5</i>	8 8
	Don't know/Not sure <i>Go to Q2.6</i>	7 7
	Refused Go to Q2.6	9 9
2.4.	During the past 12 months, was there any time that you did not have any health insurance or coverage?	(90)
	a. Yes <i>Go to Q2.6</i>	1
	b. No <i>Go to Q2.6</i>	2 7
	Don't know/Not sure Go to Q2.6	7
	Refused Go to Q2.6	9
2.5.	About how long has it been since you had health care coverage?	(91)
	Read Only if Necessary	
	a. Within the past 6 months (1 to 6 months ago)	1
	b. Within the past year (6 to 12 months ago)	2
	c. Within the past 2 years (1 to 2 years ago)	3
	d. Within the past 5 years (2 to 5 years ago)	
	e. 5 or more years ago	4 5 7
	Don't know/Not sure	
	Never	8
	Refused	9

	ioral Risk Factor Surveillance System Washington State Questionnaire	4	
2.6.	Was there a time during the last 12 months when you needed to see a doctor, but could not because of the cost?	((92)
	 a. Yes b. No Don't know/Not sure Refused 	1 2 7 9	
2.7.	About how long has it been since you last visited a doctor for a routine checkup? IF NEEDED: A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.	((93)
	Read Only if Necessary		
	 a. Within the past year (1 to 12 months ago) b. Within the past 2 years (1 to 2 years ago) c. Within the past 5 years (2 to 5 years ago) d. 5 or more years ago	1 2 3 4 7 8 9	
Secti	on 3: Hypertension Awareness		
3.1.	About how long has it been since you last had your blood pressure taken by a doctor, nurse, or other health professional?	(94)
	a. Within the past 6 months (1 to 6 months ago) b. Within the past year (6 to 12 months ago) c. Within the past 2 years (1 to 2 years ago) d. Within the past 5 years (2 to 5 years ago) e. 5 or more years ago Do not read these responses Don't know/Not sure	1 2 3 4 5	
	Never <i>Go to Q4.1</i> Refused	8 9	

	ioral Risk Factor Surveillance System Washington State Questionnaire	5
3.2.	Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?	(95)
	 a. Yes b. No <i>Go to Q4.1</i> Don't know/Not sure <i>Go to Q4.1</i> Refused <i>Go to Q4.1</i> 	1 2 7 9
3.3.	Have you been told on more than one occasion that your blood pressure was high, or have you been told this only once?	(96)
	 a. More than once b. Only once	1 2 7 9
Secti	on 4: Cholesterol Awareness	
4.1.	Blood cholesterol is a fatty substance found in the blood. Have you ever had your blood cholesterol checked?	(97)
	 a. Yes b. No Go to Next Section Don't know/Not sure Go to Next Section Refused Go to Next Section 	1 2 7 9
4.2.	About how long has it been since you last had your blood cholesterol checked?	(98)
	Read Only if Necessary	
	 a. Within the past year (1 to 12 months ago) b. Within the past 2 years (1 to 2 years ago) c. Within the past 5 years (2 to 5 years ago) d. 5 or more years ago 	1 2 3 4
	Don't know/Not sure Refused	7 9

Behavioral Risk Factor Surveillance System 1999 Washington State Questionnaire		
4.3.	Have you ever been told by a doctor or other health professional that your blood cholesterol is high?	(99)
	a. Yesb. NoDon't know/Not sureRefused	1 2 7 9
Secti	on 5: Diabetes	
5.1.	Have you ever been told by a doctor that you have diabetes? If "Yes" and female, ask "Was this only when you were pregnant?"	(100)
	 a. Yes b. Yes, but female told only during pregnancy Go to Next Section c. No Go to Next Section Don't know/Not sure Go to Next Section Refused Go to Next Section 	1 2 3 7 9
5.2.	How old were you when you were told you have diabetes?	
	Code age in years [76=76 and older] Don't know/Not sure Refused	7 7 9 9
5.3.	Are you now taking insulin?	
	 a. Yes b. No <i>Go to Q. 5.5</i> Refused <i>Go to Q. 5.5</i> 	1 2 9
5.4.	Currently, about how often do you use insulin?	
	 a. Times per day b. Times per week c. Use insulin pump Don't know/Not sure Refused 	1 2 3

5.5.	About how often do you check your blood for glucose or sugar? Include times
	when checked by a family member or friend, but do not include times when
	checked by a health professional.

a.	Times per day	1
b.	Times per week	2
a.	Times per month	3
b.	Times per year	4
e.	Never	8 8 8
	Don't know/Not sure	7 7 7
	Refused	9 9 9

5.6. Have you ever heard of glycosylated hemoglobin [gli-KOS-ilated HE-mo-globin] or hemoglobin "A one C"?

a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9

5.7. About how many times in the last year have you seen a doctor, nurse, or other health professional for your diabetes?

a. Number of times
 b. None Go To Q5.10
 B 8
 Don't know/Not sure Go To Q5.10
 Refused Go To Q5.10
 9 9

If "NO," "DK/NS," or "REFUSED" to Q5.6, Go to Q5.9.

5.8. About how many times in the last year has a doctor, nurse, or other health professional checked you for glycosylated hemoglobin [gli-KOS-ilated HE-moglo-bin] or hemoglobin "A one C"?

a. Number of times

b. None

Don't know/Not sure
Refused

7 7

9 9

5.9. About how many times in the last year has a health professional checked your feet for any sores or irritations?

a. Number of times	
b. None	8 8
Don't know/Not sure	7 7
Refused	9 9

5.10. When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

Read Only if Necessary

a.	Within the past month (0 to 1 month ago)	1
b.	Within the past year (1 to 12 months ago)	2
c.	Within the past 2 years (1 to 2 years ago)	3
d.	2 or more years ago	4
e.	Never	8
	Don't know/Not sure	7
	Refused	9

Section 6: Oral Health

6.1. How long has it been since you last visited a dentist or a dental clinic for any reason? **Include visits to dental specialists, such as orthodontists** (101)

Read Only if Necessary

a.	Within the past year (1 to 12 months ago)	1
b.	Within the past 2 years (1 to 2 years ago)	2
c.	Within the past 5 years (2 to 5 years ago)	3
d.	5 or more years ago	4
	Don't know/Not sure	7
	Never	8
	Refused	9

Never

Refused

8

9

6.4 What is the main reason you have not visited the dentist in the last year?

Read	Only	if N	ecessary
------	------	------	----------

a.	Fear, apprehension, nervousness, pain, dislike going	01
b.	Cost	02
c.	Do not have/know a dentist	03
d.	Cannot get to the office/clinic (too far away, no transportation,	
	no appointments available)	04
e.	No reason to go (no problems, no teeth)	05
f.	Other priorities	06
g.	Have not thought of it	07
h.	Other reason (Specify:)	08
Do	o not read these responses	
	Don't know/Not sure	77
	Refused	99

6.5 The last time you visited a health care provider for dental services, where did you go?

Please Read

a.	Private dentist	1	
b.	Public health Center Clinic	\tilde{Z})
c.	Community or Migrant Clinic	3	,
d.	Indian Health Service Clinic	4	ŀ
e.	Some other place (Specify:) 5	,
Do	not read these responses		
	Don't know/Not sure	7	1
	Refused	Q)

6.6 Do you have any kind of insurance coverage that pays for some or all of your routine dental care, including dental insurance, prepaid plans such as HMOs or government plans such as Medicaid?

a.	Yes	1
b.	No	2
	Don't know/Not sure	7
	Refused	9

Section 7: Skin Cancer

7.1.	The next question is about sunburns, including any time that even a small part of your swas red for more than 12 hours. Have you had a sunburn within the past 12 months?	skin (104)
	 a. Yes b. No Go to Next Section Don't know/Not sure Go to Next Section Refused Go to Next Section 	1 2 7 9
7.2.	Including times when even a small part of your skin was red for more than 12 hours, how many sunburns have you had within the past 12 months?	(105)
	 a. One b. Two c. Three d. Four e. Five f. Six or more	1 2 3 4 5 6 7
Sectio	on 8: Tobacco Use	
8.1.	Have you smoked at least 100 cigarettes in your entire life? 5 packs = 100 cigarettes	(106)
	 a. Yes b. No Go to Next Section Don't know/Not sure Go to Next Section Refused Go to Next Section 	1 2 7 9
8.2.	Do you now smoke cigarettes everyday, some days, or not at all? a. Everyday b. Some days <i>Go to Q8.3a</i> c. Not at all <i>Go to Q8.5</i> Refused <i>Go to Next Section</i>	(107) 1 2 3 9

8.3.	On the average, about how many cigarettes a day do you now smoke?	(108-109)	
	1 pack = 20 cigarettes		
	Number of cigarettes [76 = 76 or more] Go to Q8.4 Don't know/Not sure Go to Q8.4 Refused Go to Q8.4		
8.3a.	On the average, when you smoked during the past 30 days, about how many cigarettes did you smoke a day?	(110-111)	
	1 pack = 20 cigarettes		
	Number of cigarettes [76 = 76 or more] Go to Next Section Don't know/Not sure Go to Next Section Refused Go to Next Section	7 7 9 9	
8.4.	During the past 12 months, have you quit smoking for 1 day or longer?		()
	 a. Yes Go to Next Section b. No Go to Next Section Don't know/Not sure Go to Next Section Refused Go to Next Section 	1 2 7 9	
8.5.	About how long has it been since you last smoked cigarettes regularly, that is, daily?	(113-	114)
	Read Only if Necessary		
	 a. Within the past month (0 to 1 month ago) b. Within the past 3 months (1 to 3 months ago) c. Within the past 6 months (3 to 6 months ago) d. Within the past year (6 to 12 months ago) e. Within the past 5 years (1 to 5 years ago) f. Within the past 15 years (5 to 15 years ago) g. 15 or more years ago Don't know/Not sure Never smoked regularly Refused 	0 1 0 2 0 3 0 4 0 5 0 6 0 7 7 7 8 8 9 9	

Section 9: Alcohol Consumption

9.1.	During the past month, have you had at least one drink of any alcoholic beverage such as beer, wine, wine coolers, or liquor?	(115)
	 a. Yes b. No Go to Next Section Don't know/Not sure Go to Next Section Refused Go to Next Section 	1 2 7 9
9.2.	During the past month, how many days per week or per month did you drink any alcoholic beverages, on the average?	(116-118)
	 a. Days per week b. Days per month Don't know/Not sure Go to Q9.4 Refused Go to Q9.4 	1 2 7 7 7 9 9 9
9.3.	A drink is 1 can or bottle of beer, 1 glass of wine, 1 can or bottle of wine cooler, cocktail, or 1 shot of liquor. On the days when you drank, about how many drinks did you drink on the average?	1 (119-120)
	Number of drinks Don't know/Not sure Refused	7 7 9 9
9.4.	Considering all types of alcoholic beverages, how many times during the past month did you have 5 or more drinks on an occasion?	(121-122)
	 a. Number of times b. None Don't know/Not sure Refused 	8 8 7 7 9 9
9.5.	During the past month, how many times have you driven when you've had perhaps too much to drink?	(123-124)
	 a. Number of times b. None	8 8 7 7 9 9

3

4

5

7

9

c. Asian, Pacific Islander

e. Other: [specify] ___

Refused

Do not read these responsesDon't know/Not sure

or

d. American Indian, Alaska Native

Section 10: Demographics

10.1.	What is your age?	(125-126)
	Code age in years <i>Go to Q10.2</i> Don't know/Not sure Refused	7 7 9 9
10.1a	In which of these age categories do you belong? Please read	
	a. 18-24 (= 21) b. 25-34 (= 30) c. 35-44 (= 40) d. 45-54 (= 50) e. 55-64 (= 60) f. 65-74 (= 70) g. 75 or older (= 80) Do not read this category Refused	1 2 3 4 5 6 7
	What is your race? IF "HISPANIC" PROBE: "Are you white-Hispanic, black-Hispanic, Asian Hispanic Islander and Hispanic, American Indian and Hispanic, Alaska Native and Hispanic, or other race and Hispanic?" Would you say: Please Read	
	a. Whiteb. Black	1 2

	oral Risk Factor Surveillance System Vashington State Questionnaire	15
10.3.	Are you of Spanish or Hispanic origin? IF "Hispanic" TO Q10.2, CODE "YES" (1) WITHOUT ASKING.	(128)
	 a. Yes b. No Don't know/Not sure Refused 	1 2 7 9
10.4.	Are you:	(129)
	Please Read	
	 a. Married b. Divorced c. Widowed d. Separated e. Never been married or f. A member of an unmarried couple Refused 	1 2 3 4 5
10.5.	How many children live in your household who are <i>Please Read</i> Code number of children 1-6, 7 = 7 or more, 8 = None, 9 = Refused	
	a. less than 5 years old?b. 5 through 12 years old?c. 13 through 17 years old?	(130) (131) (132)
10.6.	What is the highest grade or year of school you completed?	(133)
	Read Only if Necessary	
	 a. Never attended school or only attended kindergarten b. Grades 1 through 8 (Elementary) c. Grades 9 through 11 (Some high school) d. Grade 12 or GED (High school graduate) e. College 1 year to 3 years (Some college or technical school) f. College 4 years or more (College graduate) Refused 	1 2 3 4 5 6 9

10.7.	Are you currently:	(134)
-------	--------------------	-------

Please Read

a.	Employed for wages	1
b.	Self-employed	2
c.	Out of work for more than 1 year	3
d.	Out of work for less than 1 year	4
e.	Homemaker	5
f.	Student	6
g.	Retired	7
or		
h.	Unable to work	8
	Refused	9

IF NOT EMPLOYED, Q10.7, Code 3-9, Go to Q10.10

IF EMPLOYED, Q10.7, Code 1-2, ask:

10.8. What kind of business or industry do you work in? 99 = REFUSED

10.9. What is your job title? **IF NO JOB TITLE, SAY**: What type of work do you do?

88 = OWNER/PROPRIETOR/SELF-EMPLOYED,

99 = REFUSED

10.10. Is your annual household income from all sources:

(135-136)

If respondent refuses at any income level, code refused

Read as Appropriate

a. Less than \$25,000 If "no," ask e; if "yes," ask b	
(\$20,000 to less than \$25,000)	0 4
b. Less than \$20,000 If "no," code a; if "yes," ask c	
(\$15,000 to less than \$20,000)	0 3
c. Less than \$15,000 If "no," code b; if "yes," ask d	
(\$10,000 to less than \$15,000)	0 2
d. Less than \$10,000 If "no," code c	0 1
(if "no" to a, ask)	
e. Less than \$35,000 If "no," ask f	
(\$25,000 to less than \$35,000)	0 5
f. Less than \$50,000 If "no," ask g	
(\$35,000 to less than \$50,000)	0 6
g. Less than \$75,000 If "no," code h	
(\$50,000 to \$75,000)	0 7
h. \$75,000 or more	0 8
Don't know/Not sure	77
Refused	99

10.11. About how much do you weigh without shoes?

(137-139)

Round Fractions up

Weight	pounds
Don't know/Not sure	7 7 7
Refused	999

10.12. About how tall are you without shoes? **EXAMPLE:** 5'2" = 502, 6'11" = 611 (140-124)

Round Fractions down

Height	/		ft/inches
Don't know/Not sure	7	7	7
Refused	9	9	9

/1	12	1 /	151
- (1	43-	- 1 4	t C t

Adams	001	Grays Harbor	027	Pierce	053
Asotin	003	Island	029	San Juan	055
Benton	005	Jefferson	031	Skagit	057
Chelan	007	King	033	Skamania	059
Clallam	009	Kitsap	035	Snohomish	061
Clark	011	Kittitas	037	Spokane	063
Columbia	013	Klickitat	039	Stevens	065
Cowlitz	015	Lewis	041	Thurston	067
Douglas	017	Lincoln	043	Wahkiakum	069
Ferry	019	Mason	045	Walla Walla	071
Franklin	021	Okanogan	047	Whatcom	073
Garfield	023	Pacific	049	Whitman	075
Grant	025	Pend Oreille	051	Yakima	077

10.14 What is your ZIP code? **IF NEEDED SAY:** I mean the ZIP code of your residence, that is, where you live.

0

Don't know/Refused

$$\frac{9}{9} - \frac{1}{9} - \frac{1}{9} - \frac{1}{9}$$

10.15. Do you have more than one telephone number in your household?

10.16. How many residential telephone numbers do you have?

(147)

Exclude dedicated fax and computer lines

Now I have some questions about other health services you may have received.

	oral Risk Factor Surveillance System ashington State Questionnaire	19
10.17.	Indicate sex of respondent. Ask Only if Necessary	(148)
	Male <i>Go to Section 13, Immunization</i> Female	1 2
IF MA	ALE, GO TO SECTION 13, IMMUNIZATION. IF FEMALE, CONTINUE.	
Section	n 11: Women's Health	
11.1.	A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram?	(149)
	 a. Yes b. No Go to Q11.4 Don't know/Not sure Go to Q11.4 Refused Go to Q11.4 	1 2 7 9
11.2.	How long has it been since you had your last mammogram?	(150)
	Read Only if Necessary	
	 a. Within the past year (1 to 12 months ago) b. Within the past 2 years (1 to 2 years ago) c. Within the past 3 years (2 to 3 years ago) d. Within the past 5 years (3 to 5 years ago) e. 5 or more years ago	1 2 3 4 5 7 9
11.3.	Was your last mammogram done as part of a routine checkup, because of a breast problem other than cancer, or because you've already had breast cancer?	(151)
	 a. Routine checkup b. Breast problem other than cancer c. Had breast cancer Don't know/Not sure Refused 	1 2 3 7 9

Behavi	oral Risk Factor Surveillance System	20
1999 W	Vashington State Questionnaire	
11.4.	A clinical breast exam is when a doctor, nurse, or other health professional feels the breast for lumps. Have you ever had a clinical breast exam?	(152)
	 a. Yes b. No Go to Q11.7 Don't know/Not sure Go to Q11.7 Refused Go to Q11.7 	1 2 7 9
11.5.	How long has it been since your last breast exam?	(153)
	 Read Only if Necessary a. Within the past year (1 to 12 months ago) b. Within the past 2 years (1 to 2 years ago) c. Within the past 3 years (2 to 3 years ago) d. Within the past 5 years (3 to 5 years ago) e. 5 or more years ago	1 2 3 4 5 7 9
11.6.	Was your last breast exam done as part of a routine checkup, because of a breast problem other than cancer, or because you've already had breast cancer? a. Routine Checkup b. Breast problem other than cancer c. Had breast cancer	(154) 1 2 3 7 9
11.7.	A Pap smear is a test for cancer of the cervix. Have you ever had a Pap smear? a. Yes	(155) 1
	b. No <i>Go to Q11.10</i> Don't know/Not sure <i>Go to Q11.10</i> Refused <i>Go to Q11.10</i>	2 7 9

	oral Risk Factor Surveillance System Vashington State Questionnaire	21
11.8.	How long has it been since you had your last Pap smear?	(156)
	Read Only if Necessary	
	 a. Within the past year (1 to 12 months ago) b. Within the past 2 years (1 to 2 years ago) c. Within the past 3 years (2 to 3 years ago) d. Within the past 5 years (3 to 5 years ago) e. 5 or more years ago	1 2 3 4 5 7 9
11.9.	Was your last Pap smear done as part of a routine exam, or to check a current or previous problem?	(157)
	 a. Routine exam b. Check current or previous problem c. Other Don't know/Not sure Refused 	1 2 3 7 9
11.10.	Have you had a hysterectomy?	(158)
	A hysterectomy is an operation to remove the uterus (womb)	
	 a. Yes Go to Next Section b. No Don't know/Not sure Refused 	1 2 7 9
If resp	oondent 45 years old or older, go to next section	
11.11.	To your knowledge, are you now pregnant?	(159)
	 a. Yes b. No Don't know/Not sure Refused 	1 2 7 9

Section 12: HIV Testing and Counseling in Pregnancy

12.1.	now" ask Q12.1b. Have you been pregnant at any time since January 1993? If "Yes, I'm pregnant now" ask Q12.1b. Have you been pregnant any other time since January, 1993?			
12.10.	 a. Yes b. No Go to Next Section Don't know/Not sure Go to Next Section Refused Go to Next Section 	1 2 7 9		
12.2.	What is the month and year that your last pregnancy ended? Please consider all pregnancies.			
	Code Month and Year (Code leading zeros, e.g. January = "01") Don't know/Not sure Refused	77777 9909		
12.3.	At any time during your last pregnancy, did you visit a doctor, midwife or clinic for prenatal (pregnancy-related) care?			
	 a. Yes b. No Go to Next Section c. No, pregnancy ended early as a result of miscarriage or an abortion Go to Next Section Don't know/Not sure Go to Next Section Refused Go to Next Section 	1 2 3 7 9		
12.4.	Which of the following is the main place that you received prenatal care?			
	a. Community Health Center Clinic b. Health department clinic c. Family planning clinic or prenatal clinic d. Public hospital clinic e. Private doctor f. Private group practice, including a clinic or private hospital clinic g. HMO or other prepaid group practice h. Or somewhere else (SPECIFY:) Do not read these responses Don't know/Not sure Refused	01 02 03 04 05 06 07 08		
	Refused	99		

Refused Go to Q13.3

	oral Risk Factor Surveillance System Vashington State Questionnaire	23
12.5.	At any time during your last pregnancy, did this health care provider discuss HIV or AIDS with you?	
	a. Yesb. No	1 2 7 9
12.6.	At any time during your last pregnancy, did this health care provider offer to test you for HIV?	
	 a. Yes b. No Go to Next Section Don't know/Not sure Go to Next Section Refused Go to Next Section 	1 2 7 9
12.7.	Were you tested for HIV during your last pregnancy?	
	a. Yesb. NoDon't know/Not sureRefused	1 2 7 9
Section	on 13: Immunization	
13.1.	During the past 12 months, have you had a flu shot?	(160)
	a. Yes b. No Go to Q13.3 Don't know/Not sure Go to Q13.3 Refused Go to Q13.3	1 2 7 9

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Section 14: Colorectal Cancer Screening

If respondent 40 years or older, continue with Q14.1. Otherwise, Go to Next Section.

14.1. A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit? (164)

a.	Yes	1
b.	No <i>Go to Q14.3</i>	2
	Don't know/Not sure <i>Go to Q14.3</i>	7
	Refused Go to 014.3	9

Behavioral Risk Factor Surveillance System 1999 Washington State Questionnaire		25
14.2.	When did you have your last blood stool test using a home kit?	(165)
	Read Only if Necessary	
	 a. Within the past year (1 to 12 months ago) b. Within the past 2 years (1 to 2 years ago) c. Within the past 5 years (2 to 5 years ago) d. 5 or more years ago	1 2 3 4 7 9
14.3.	A sigmoidoscopy or colonoscopy is when a tube is inserted in the rectum to view the bowel for signs of cancer and other health problems. Have you ever had this exam?	(166)
	 a. Yes b. No Go to Next Section Don't know/Not sure Go to Next Section Refused Go to Next Section 	1 2 7 9
14.4.	When did you have your last sigmoidoscopy or colonoscopy?	(167)
	Read Only if Necessary	
	 a. Within the past year (1 to 12 months ago) b. Within the past 2 years (1 to 2 years ago) c. Within the past 5 years (2 to 5 years ago) d. 5 or more years ago	1 2 3 4 7 9

Section 15: Injury Control

If there are no children in the household (core Q10.5a, b, and c are all "None," [= 8]) Go To Q15.3.

15.1. What is the age of the oldest child in your household under the age of 16? (168-169)

a. Code age in years (Code <1 yr. as "01," code leading zeros for age 1-9) 8 8 b. No children under age 16 *Go to Q15.3* Don't know/Not sure *Go to Q15.3* 7 7 Refused Go to Q15.3 9 9

9

If oldest child 5 years or older, continue with Q15.2. Otherwise, go to Q15.3.

15.2.	During the past year, how often has the <i>[fill in age from Q15.1]</i> -year-old child worn a bicycle helmet when riding a bicycle?	(170)
	 Would you say: Please Read a. Always b. Nearly Always c. Sometimes d. Seldom or e. Never Do not read these responses Never rides a bicycle Don't know/Not sure Refused 	1 2 3 4 5 8 7 9
15.3.	When was the last time you or someone else deliberately tested all of the smoke detectors in your home? Read Only if Necessary	(171)
	 a. Within the past month (0 to 1 month ago) b. Within the past 6 months (1 to 6 months ago) c. Within the past year (6 to 12 months ago) d. One or more years ago e. Never f. No smoke detectors in home	1 2 3 4 5 6 7

Section 16: HIV/AIDS

Refused

If respondent is 65 years old or older, Go to Next Section.

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to.

16.1.	If you had a child in school, at what grade do you think he or she should begin receiving education in school about HIV infection and AIDS?	(172-173)
	First grade (age 6-7)	01
	Second grade (age 7-8)	02
	Third grade (age 8-9)	03
	Fourth grade (age 9-10)	04
	Fifth grade (age 10-11)	05
	Sixth grade (age 11-12)	06
	Seventh grade (age 12-13)	07
	Eighth grade (age 13-14)	08
	Ninth grade (freshman) (age 14-15)	09
	Tenth grade (sophomore) (age 15-16)	10
	Eleventh grade (junior) (age 16-17)	11
	Twelfth grade (senior) (age 17-18)	12
	Kindergarten (age 5-6)	55
	Never	88
	Don't know/Not sure Refused	77 99
16.2.	If you had a teenager who was sexually active, would you encourage him or her to use a condom? a. Yes b. No Would give other advice Don't know/Not sure Refused	(174) 1 2 3 7 9
16.3.	What are your chances of getting infected with HIV, the virus that causes AIDS? Would you say: <i>Please Read</i>	(175)
	a. High	1
	b. Medium	2
	c. Low	3
	or	5
	d. None	4
	Not applicable <i>Go to Q16.7a</i>	5
	Do not read these responses	
	Don't know/Not sure	7
	Refused	9

Behavioral Risk Factor Surveillance System 1999 Washington State Questionnaire		28
16.4.	Have you donated blood since March 1985?	(176)
	 a. Yes b. No Go to Q16.6a Don't know/Not sure Go to Q16.6a Refused Go to Q16.6a 	1 2 7 9
16.5.	Have you donated blood in the past 12 months?	(177)
	 a. Yes b. No Don't know/Not sure Refused 	1 2 7 9
16.6.	Except for tests you may have had as part of blood donations, have you ever been tested for HIV?	(178)
	Include saliva tests	
	 a. Yes Go to Q16.7 b. No Go to Next Section Don't know/Not sure Go to Next Section Refused Go to Next Section 	1 2 7 9
16.6a.	Have you ever been tested for HIV?	(179)
	Include saliva tests	
	 a. Yes Go to Q16.7a b. No Go to Next Section Don't know/Not sure Go to Next Section Refused Go to Next Section 	1 2 7 9
16.7.	Not including your blood donations, have you been tested for HIV in the past 12 months?	(180)
	Include saliva tests	
	 a. Yes Go to Q16.8 b. No Go to Next Section Don't know/Not sure Go to Next Section Refused Go to Next Section 	1 2 7 9

Behavioral Risk Factor Surveillance System 1999 Washington State Questionnaire		29
16.7a.	Have you been tested for HIV in the past 12 months?	(181)
	Include saliva tests	
	 a. Yes Go to Q16.8 b. No Go to Next Section Don't know/Not sure Go to Next Section Refused Go to Next Section 	1 2 7 9
16.8.	What was the main reason you had your last test for HIV?	(182-183)
	Read Only if Necessary	
	 a. For hospitalization or surgical procedure b. To apply for health insurance c. To apply for life insurance d. For employment e. To apply for a marriage license f. For military induction or military service g. For immigration h. Just to find out if you were infected I. Because of referral by a doctor j. Because of pregnancy k. Referred by your sex partner l. Because it was part of a blood donation process <i>Go to Next Section</i> m. For routine check-up n. Because of occupational exposure o. Because of illness p. Because I am at risk for HIV q. Other Don't know/Not sure Refused 	0 1 0 2 0 3 0 4 0 5 0 6 0 7 0 8 0 9 1 0 1 1 1 2 1 3 1 4 1 5 1 6 8 7 7 7 9 9

9

Refused

1999 W	asiii	ngion state Questionnaire	
16.9.	W	here did you have your last test for HIV?	(184-185)
		Read Only if Necessary	
	a.	Private doctor, HMO	0 1
	b.	Blood bank, plasma center, Red Cross	0 2
	c.	Health department	0 3
	d.	AIDS clinic, counseling, testing site	0 4
	e.	Hospital, emergency room, outpatient clinic	0 5
	f.	Family planning clinic	0 6
	g.	Prenatal clinic, obstetrician's office	0 7
	h.	Tuberculosis clinic	0 8
	i.	STD clinic	0 9
	j.	Community health clinic	1 0
		Clinic run by employer	1 1
	1.	Insurance company clinic	1 2
		Other public clinic	1 3
	n.	Drug treatment facility	1 4
		Military induction or military service site	1 5
	_	Immigration site	16
	-	At home, home visit by nurse or health worker	17
	r.	At home using self-sampling kit	18
	S.	In jail or prison	19
	t.	Other Devite by any New Arms	8 7
		Don't know/Not sure	7 7
		Refused	99
16.10.	Di	d you receive the results of your last test?	(186)
	9	Yes	1
	•••	No Go to Next Section	2
	υ.	Don't know/Not sure <i>Go to Next Section</i>	7
		Refused Go to Next Section	9
16 11	Di	d you receive counseling or talk with a health care professional about the	
10.11.		ults of your test?	(187)
	a.	Yes	1
	b.	No	2
		Don't know/Not sure	7

Section 17: Sexual Behavior

These next few questions are about your personal sexual behavior and I want to remind you that your answers are confidential.

17.1. During the past 12 months, with how many people have you had sexual intercourse? **IF NEEDED:** By sexual intercourse, we mean vaginal, oral or anal intercourse.

a.	Number [/6=/6 or more; code leading zeros for #s 1-9, e.g. "one" = 01]		
b.	None Go to Next Section	8	8
	Don't know/Not sure	7	7
	Refused	9	9

17.2. How many new sex partners did you have during the past 12 months? IF NEEDED: A new sex partner is someone you had sex with for the first time in the past 12 months.

_	Number [76 = 76 or more, code leading zeros for #s 1-9, e.g. "one" = 01]	_	
b.	None	8	8
	Don't know/Not sure	7	7
	Refused	9	9

17.3. Was a condom used the last time you had sexual intercourse?

a.	Yes	1
b.	No <i>Go to Q17.5</i>	2
	Don't know/Not sure Go to Q17.5	7
	Refused Go to 017.5	9

17.4. The last time you had sexual intercourse, was the condom used...

Please read

a.	To prevent pregnancy	I
b.	To prevent diseases like syphilis, gonorrhea, and AIDS	2
c.	For both of these reasons	3
or		
d.	For some other reason	4
	Don't know/Not sure	7
	Refused	9

17.5. Some people use condoms to keep from getting infected with HIV through sexual activity. How effective do you think a properly used condom is for this purpose?

Would you say: Please read

a. Very effective	1
b. Somewhat effective	2
or	
c. Not at all effective	3
Do not read these responses.	
Don't know how effective	4
Don't know method <i>Go to Q17.7</i>	5
Refused	9

17.6. How effective do you think a properly used LATEX condom is for this purpose?

Would you say: Please read

a. Very effective	1
b. Somewhat effective	2
or	
c. Not at all effective	3
Do not read these responses.	
Don't know how effective	4
Don't know method	5
Refused	9

17.7. I'm going to read you a list. When I'm done, please tell me if any of the situations apply to you. You don't need to tell me which one.

You have used intravenous drugs in the past year

You have been treated for a sexually transmitted or venereal disease in the past year

You tested positive for having HIV, the virus that causes AIDS

You had anal sex without a condom in the past year

Do any of these situations apply to you?

a.	Yes	1
b.	No	2
	Don't know/Not sure	7
	Refused	9

Section 18: Family Planning

If respondent is 50 years old or older and

Male: Go to Section 21, Asthma.

Female: Go to Section 19, Breast Cancer Screening.

If respondent is 18-49 years old and

Male: If answer to Q17.1, "During past 12 months, with how many people have you

had sexual intercourse?" is "none," (88) Go to Q18.7

Female: If answer to Q17.1, "During past 12 months, with how many people have you

had sexual intercourse?" is "none," (88) Go to Q18.7

OR

if answer to Q11.11, "Are you now pregnant?" is "yes," (1) Go to Q18.7.

The next few questions have to do with birth control. Your answers are confidential and you don't have to answer all the questions if you don't want to.

If respondent hesitates in answering any question in this series, repeat "You don't have to answer any question if you don't want to."

18.1 The last time you had sexual intercourse, did you or your partner use any method of birth control? If needed: "Partner" means the person you had sex with the last time in the past twelve months.

a. Yes
 b. No Go to Q18.4

 Don't know/not sure Go to Q18.7
 Refused Go to Q18.7
 9

18.2 What was the primary method of birth control that you, personally, used?

IF FEMALE (Q10.17 = 2), PLEASE READ

a.	Pill <i>Go to Q18.7</i>		1
b.	Sterilization (tubes tied/hysterectomy)	Go to Q18.7	2
c.	Depo Provera Go to Q18.7		3
d.	Diaphragm/cervical cap Go to Q18.7		4
e.	Relied on Partner's Method		5
f.	Other: (specify:	_) Go to Q18.7	6
Do	not read these responses		
	Don't know/Not Sure Go to Q18.7		7
	Refused Go to 018.7		9

	IF MALE (Q10.17 = 1), PLEASE READ	
	 a. Condom Go to Q18.7 b. Sterilization (vasectomy) Go to Q18.7 c. Relied on Partner's Method d. Other: (SPECIFY:) Go to Q18.7 Do not read these responses Don't know/Not Sure Go to Q18.7 Refused Go to Q18.7 	1 2 5 6
18.3	What was the method your partner used? IF NEEDED: "Method" means "primary method of birth control"	
	IF FEMALE (Q10.17 = 2), PLEASE READ	
	a. Condom (rubbers) Go to Q18.7 b. Sterilization (vasectomy) Go to Q18.7 c. Other: (SPECIFY:) Go to Q18.7 Do not read these responses Don't know/Not Sure Go to Q18.7 Refused Go to Q18.7	1 2 3 7 9
	IF MALE (Q10.17 = 1), PLEASE READ	
	a. Pill Go to Q18.7 b. Sterilization (tubes tied/hysterectomy) Go to Q18.7 c. Depo Provera Go to Q18.7 d. Diaphragm/cervical cap Go to Q18.7 e. Other: (specify:) Go to Q18.7 Do not read these responses	1 2 3 4 5
	Don't know/Not Sure <i>Go to Q18.7</i> Refused <i>Go to Q18.7</i>	7 9
18.4	Have you or your partner had a vasectomy, tubal ligation, hysterectomy, or are sterile for some other reason? IF NEEDED, All I need is a "yes" or "no."	
	a. Yes <i>Go to Q18.7</i>b. No	1 2
	Don't know/not sure Refused	7 9

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Please tell me what year it was.

Refused

Don't Know/Not Sure

Year:

18.9. Where did you go the last time you visited a health care provider for birth control services?

Read list and check only one answer.

a.	Private doctor or HMO	1
b.	Hospital or hospital clinic	2
c.	Planned Parenthood	3
d	Family Planning clinic	4
e.	Some Other Place: (specify:)	5
Do	o not read these responses	
	Don't Know	7
	Refused	g

If Male, (Q10.17 = 1), Go to Section 21, Asthma

Section 19: Breast Cancer Screening Attitudes

I'm going to read you beliefs that some women may have. For each one, please tell me if you "agree" or "disagree." **FOR EACH: READ PHRASE THEN ASK:** Do you agree or disagree? Somewhat or strongly?"

19.1. A woman can live longer if breast cancer is found early.

a.	Agree Strongly	1
b.	Agree Somewhat	2
c.	Disagree Somewhat	3
d.	Disagree Strongly	4
Do	o not read these responses	
	Don't know	7
	Refused	9

19.2. If a mammogram shows that I'm fine, I never need another one.

a.	Agree Strongly	1
b.	Agree Somewhat	2
c.	Disagree Somewhat	3
d.	Disagree Strongly	4
Do	o not read these responses	
	Don't know	7
	Refused	9

19.3. Breast cancer can be found early with a mammogram.

a.	Agree Strongly	1
b.	Agree Somewhat	2
c.	Disagree Somewhat	3
d.	Disagree Strongly	4
Do	not read these responses	
	Don't know	7
	Refused	9

If the woman is under age 40, go to Section 20, Breast Self Exam

If the woman is age 40 or older and:

- never had mammogram (Q11.1=2), ask Q19.4a
- answered "don't know/not sure" or refused "Have you ever had a mammogram" (Q11.1 = 7 or 9), go to Section 20, Breast Self-Exam
- has had a mammogram (Q11.1 = 1), then
 - If she had a mammogram in past year (Q11.2 = 1), go to Section 20, Breast Self-Exam
 - If she had no mammogram in past year (Q11.2=2), ask Q19.4b
 - If she had no mammogram in past 2 years (Q11.2=3, 4 or 5), ask Q19.4c
- 19.4a. You said you've not had a mammogram. What is the <u>most important reason</u> that you never had a mammogram?
- 19.4b. You said you've not had a mammogram in the past year. What is the <u>most important reason</u> that you did not have a mammogram in the past year?

DO NOT READ THESE RESPONSES

DO NOT READ THESE RESIGNSES				
		19.4a	19.4b	
a.	Not recommended by doctor/never suggested	01	01	
b.	Not needed/Not necessary	02	02	
c.	Never heard of a mammogram	03	03	
d.	Cost/Not covered by insurance/Have no insurance	04	04	
d.	Lazy, procrastinating – just didn't get around to it	05	05	
e.	Too busy, don't have time, no time	06	06	
f.	I'm anxious/afraid to get one	07	07	
e.	Any age-related comments (SPECIFY:)	55	55	
f.	Other (SPECIFY :)	66	66	
	Don't know/Not sure	77	77	
	Refused	99	99	

19.4c. You said you've not had a mammogram in the past 2 years. What is the <u>most important reason</u> that you did not have a mammogram in the past 2 years?

DO NOT READ THESE RESPONSES

a.	Not recommended by doctor/never suggested	01
b.	Not needed/Not necessary	02
c.	Never heard of a mammogram	03
d.	Cost/Not covered by insurance/Have no insurance	04
e.	Lazy, procrastinating – just didn't get around to it	05
r.	Too busy, don't have time, no time	06
g.	I'm anxious/afraid to get one	07
h.	Go to a doctor only when I'm sick/Never go to doctors	08
i.	Don't believe in mammograms	09
j.	Any age-related comments (SPECIFY:)	55
k.	Other (SPECIFY :)	66
	Don't know/Not sure	77
	Refused	99

Section 20: Breast Self-Exam

20.1. Have you ever examined your own breasts for lumps?

a. Yes	1
b. No Go to Next Section	2
Don't know/Not sure Go to Next Section	7
Refused Go to Next Section	9

20.2. About how often do you examine your breasts for lumps? [Code leading zeros, e.g. one time = 01]

Times Per Day	1
Times Per Week	2
Times Per Month	3
Times Per Year	4
Less than once a year	5 5 5
Don't know/Not sure	7 7 7
Refused	9 9 9

()

()

20.3. When did you last do such a breast self-examination?

READ a-e ONLY IF NECESSARY

a.	Within the last month (today to 1 month ago)	1
b.	Within the last two months (more than 1 month to 2 months ago)	2
c.	Within the last six months (more than 2 months to 6 months ago)	3
d.	More than six months ago	4
e.	Never	5
Do	o not read these responses	
	Don't know/Not Sure	7
	Refused	9

Section 21: Asthma

21.1. Did a doctor ever tell you that you had asthma?

a. Yes
 b. No Go to Q21.3
 Don't know/Not sure Go to Q21.3
 Refused Go to Q21.3

21.2. Do you still have asthma?

a. Yes
b. No
Don't know/Not sure
Refused

1
7

If there are no children in the household (10.5a-c = 8), Go to Next Section. If there are no children aged <5 in household (Q10.5 a = 8), Go to Q21.5.

21.3. You said earlier there { was a child / were [CATI fill in from 10.5a] children } under age five in your household. Has a doctor ever said that any of these [CATI fill in from 10.5a] children had asthma? IF YES, ASK: How many ever had asthma? [The number of children who ever had asthma cannot be more than the number of children under age 5 in the household(Q10.5a).]

Enter count [code leading zeros, e.g., "one" = 01]

None *Go to Q21.5*Don't know/Not Sure *Go to Q21.5*Refused *Go to Q21.5*9

9

Ask Q21.4a if only one child in household is under age 5:

21.4a. Does this child still have asthma?

a. Yes <i>Go to Q21.5</i>	01
b. No <i>Go to Q21.5</i>	88
Don't know/Not sure Go to Q21.5	77
Refused Go to O21.5	99

Ask Q21.4b if more than one child under age 5 in household:

21.4b. [Of the [CATI fill in from Q21.3] children under age five in your household who ever had asthma,] How many still have asthma? [The number of children who still have asthma cannot be more than the number of children under age 5 who ever had asthma (Q21.3).]

Enter count [code leading zeros, e.g., "one" = 01]		
None	8	8
Don't know/Not Sure	7	7
Refused	9	9

If there are no children aged 5-12 in household (Q10.5 b = 8), Go to Q21.7.

21.5. [Also,] You said earlier there { was a child / were [CATI fill in from 10.5b] children } aged 5 through 12 years old in your household. Has a doctor ever said that that {this child / one of those [CATI fill in from 10.5b] children} had asthma? IF YES, ASK: How many ever had asthma? [The number of children who ever had asthma cannot be more than the number of children age 5-12 (Q10.5b).]

Enter count [code leading zeros, e.g., "one" = 01]		
None <i>Go to Q21.7</i>	8	8
Don't know/Not Sure Go to Q21.7	7	7
Refused Go to Q21.7	9	9

AskQ21.6a if only one child in household age 5-12:

21.6a. Does this child still have asthma?

```
    a. Yes Go to Q21.7
    b. No Go to Q21.7
    Befused Go to Q21.7
    Refused Go to Q21.7
```

Ask Q21.6b if more than one child age 5-12 in household:

21.6b. [Of the [CATI fill in from Q21.5] children aged 5 through 12 in your household who ever had asthma,] How many still have asthma? [The number of children who still have asthma cannot be more than the number of children age 5-12 who ever had asthma (Q21.5).]

Enter count [code leading zeros, e.g., "one" = 01]		
None	8	8
Don't know/Not Sure	7	7
Refused	9	9

If there are no children aged 13-17 in household (Q10.5 c = 8), then Go to Next Section.

21.7. [Also,] You said earlier there { was a child / were [CATI fill in from 10.5c] children } aged 13 through 17 years old in your household. Has a doctor ever said that that {this child / one of those [CATI fill in from 10.5c] children} had asthma? IF YES, ASK: How many ever had asthma? [The number of children who ever had asthma cannot be more than the number of children age 13-17.]

Enter count [code leading zeros, e.g., "one" = 01]		
None Go to next section	8	8
Don't know/Not Sure Go to next section	7	7
Refused Go to next section	9	9

Ask Q21.8a if only one child in household aged 13-17:

21.8a. Does this child still have asthma?

a.	Yes	Go to Next Section		01
b.	No	Go to Next Section		88
	I	Oon't know/Not sure	Go to Next Section	77
	I	Refused Go to Next	Section	99

Ask Q21.8b if more than one child age 13-17 in household:

21.8b. [Of the [CATI fill in from 21.7] children aged 13 through 17 in your household who ever had asthma,] How many still have asthma? [The number of children who still have asthma cannot be more than the number of children age 13-17 who ever had asthma.]

Enter count [code leading zeros, e.g., "one" = 01]		
None	8	8
Don't know/Not Sure	7	7
Refused	9	9

Section 22: Smokeless Tobacco Use

22.1. Have you ever used or tried any smokeless tobacco products such as chewing tobacco or snuff? **Probe for chewing tobacco, snuff, or both**

a.	Yes, chewing tobacco	1
b.	Yes, snuff	2
c.	Yes, both	3
d.	No, neither Go to Next Section	4
	Don't know/Not sure <i>Go to Next Section</i>	7
	Refused Go to Next Section	9

22.2. Do you currently use any smokeless tobacco products such as chewing tobacco or snuff?

"Yes" includes occasional use

a.	Yes, chewing tobacco	1
b.	Yes, snuff	2
c.	Yes, both	3
d.	No, neither Go to Next Section	4
	Don't know/Not sure Go to Next Section	7
	Refused Go to Next Section	9

Section 23: Hypertension

If never told have high blood pressure (Q3.2=2, 7 or 9) Go to Next Section.

23.1. Is any medicine currently prescribed for your high blood pressure?

a. Yes	1
b. No, <i>Go to Q23.3</i>	2
Don't know/Not sure	7
Refused	9

23.2. How often would you say you take your medications? (IF "YES", probe for "all or most of the time" or "only occasionally" if necessary. If answer is "yes," use "yes all or most of the time.")

a.	Yes, all or most of the time	1
b.	Yes, only occasionally	2
c.	No	3
	Don't know/Not Sure	7
	Refused	9

Because of your high blood pressure are you:

3 0 01 y 0	var ingli otood prossure dre you.	Yes	No	Dk/Ns	Ref
23.3.	Controlling your weight or losing weight?	1	2	7	9
23.4.	Using less salt?	1	2	7	9
23.5.	Exercising?	1	2	7	9
23.6.	Drinking less alcohol?	1	2	7	9
23.7.	Decreasing stress?	1	2	7	9

Section 24: Cholesterol

If never told have high blood cholesterol (Q4.3=2, 7 or 9) Go to Next Section.

24.1. Are you now under the advice of a doctor to reduce your cholesterol level?

a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9

Because of your high blood cholesterol are you:

		Yes	No	Dk/Ns	Ref
24.2.	Eating more high fiber foods?	1	2	7	9
24.3.	Eating fewer high fat or high cholesterol foods?	1	2	7	9
24.4.	Controlling your weight or losing weight?	1	2	7	9
24.5.	Exercising?	1	2	7	9
24.6	Taking medication?	1	2	7	9

Section 25: Hunger

25.1. The next few questions are about hunger, or not having enough food to eat. In the past 30 days, have you been concerned about having enough food for you or your family?

a. Yes	I
b. No	2
Don't know/Not sure	7
Refused	9

25.2.	In the past 30 days, did you skip any meals because there wasn't enough food or
	money to buy food?

a.	Yes	1
b.	No Go to Next Section	2
	Don't know/Not sure Go to Next Section	7
	Refused Go to Next Section	9

25.3. In the past 30 days, were there any days when you did not eat at all because there wasn't any food or money to buy food?

a.	Yes	1
b.	No	2
	Don't know/Not sure	7
	Refused	9

Section 26: Health Care Use

Now I am going to ask you some questions about the health care you receive.

26.1. Is there one particular clinic, health center, doctor's office, or other place that you usually go to if you are sick or need advice about your health?

a.	Yes <i>Go to Q26.4</i>	1
b.	More than one place Go to Q26.3	2
c.	No	3
	Don't know/Not sure Go to Next Section	7
	Refused Go to Next Section	9

26.2. What is the main reason you do not have a usual source of medical care?

a.	Two or more usual places	0 1
b.	Have not needed a doctor Go to Next Section	0 2
c.	Do not like/trust/believe in doctors Go to Next Section	0 3
d.	Do not know where to go Go to Next Section	0 4
e.	Previous doctor is not available/moved Go to Next Section	0.5
f.	No insurance/cannot afford <i>Go to Next Section</i>	06
g.	Speak a different language Go to Next Section	0 7
h.	No place is available/close enough/convenient <i>Go to Next Section</i>	08
i.	Other Go to Next Section	09
	Don't know/Not sure <i>Go to Next Section</i>	77
	Refused Go to Next Section	99

26.3 Is there one of these places that you go to most often when you are sick or need advice about your health?

	a. L	Yes	1
	b.	No Go to Next Section	2
		Don't know/Not sure Go to Next Section	7
		Refused Go to Next Section	9
26.4		at kind of place is it a clinic, a health center, a hospital, a doctor's office, or some r place?	
	a.	Doctor's office or HMO	0 1
	b.	Clinic or health center	02
	c.	Hospital outpatient clinic	03
	d.	Hospital emergency room	04
	g.	Urgent Care Center	0 5
	or		
	k.	Some other kind of place (SPECIFY)	08
		Don't know/Not sure	77
		Refused	99

Section 27: Veteran Status

The next questions relate to military service.

27.1 Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?

a.	Yes	1
b.	No Go to Next Section	2
	Don't know/Not sure <i>Go to Next Section</i>	7
	Refused Go to Next Section	9

	oral Risk Factor Surveillance System Vashington State Questionnaire	4/
27.2.	Which of the following best describes your current military status?	
	 a. Currently on active duty Go to Next Section b. Currently in reserves Go to Next Section c. Discharged from military	1 2 3 7 9
27.3.	In the last 12 months have you received some or all of your health care from VA facilities?	
	 a. Yes, all of my health care b. Yes, some of my health care c. No, no VA health care received Don't know/Not sure Refused 	1 2 3 7 9
Sectio	on 28: Disability Surveillance	
These	next questions are about limitations you may have in your daily life.	
28.1.	Because of a physical, mental, or emotional problem, do you need the help of other persons with PERSONAL CARE NEEDS, such as eating, bathing, dressing, or getting around inside the home?	
	a. Yesb. No	1 2 7 9
28.2. equipr	Because of a health problem, do you have difficulty walking without using special ment?	
	a. Yes b. No <i>Go to Q28.4</i> Don't know/Not sure Refused <i>Go to Q28.4</i>	1 2 7 9
	IF NO TO O28 1 AND O28 2 GO TO NEXT SECTION	

2

7

9

28.4.

b. No

Don't know/Not sure

Refused

28.3. If you use special equipment or help from others to get around, what type do you use? Probe: Do you use any others? If more than one, code Other (13) and enter up to three responses.

a.	No special equipment or help used	01
b.	Other people	02
c.	Cane or walking stick	03
d.	Walker	04
e.	Crutch or crutches	05
f.	Manual wheelchair	06
g.	Motorized wheelchair	07
h	Electric mobility scooter	08
i.	Artificial leg	09
j.	Brace	10
k.	Service animal [i.e guide dog or other animal specifically	
	trained to provide assistance]	11
1.	Oxygen / special breathing equipment	12
m.	Other (specify):	13
	Don't know / Not sure	77
	Refused	99
	e you LIMITED IN ANY WAY in any activities because of physical, mental or notional problems?	
9	V_{ec}	1

IF YES TO Q28.1, Q28.2, OR Q28.4 OR 2-13 TO Q28.3, CONTINUE. OTHERWISE \emph{GO} TO NEXT SECTION

28.5.	What is the MAJOR impairment or health problem that limits your activities? - If
	respondent says "I'm not limited," say "I'm referring to the impairment you
	indicated on an earlier question."

a.	Arthritis / rheumatism	01
).	Back or neck problem	02
Э.	Fractures, bone / joint injury	03
d.	Walking problem	04
2 .	Lung / breathing problem	05
f.	Hearing problem	06
g .	Eye / vision problem	07
1.	Heart problem	08
i.	Stroke problem	09
	Hypertension / high blood pressure	10
ζ.	Diabetes	11
	Cancer	12
n.	Depression / anxiety / emotional problem	13
1.	Other impairment/problem [SPECIFY]	14
	Don't know / Not sure	77
	Refused	99

Section 29: Family Violence

The next few questions are about abuse that may have happened to you as a child, before you were 18. Although these questions are about <u>your</u> childhood, if I learn about child abuse or neglect that may be happening <u>now</u> to someone under 18, I have to report it to Child Protective Services. With this one exception, your answers are confidential. You don't have to answer a question if you don't want to and you can stop the interview at any time.

29.1. Before you were 18, was there any time when you were punched, kicked, choked, or received a more serious physical punishment from a parent or other adult guardian?

a. Yes]	1
b. No <i>Go</i>	to Q29.4	2	2
Don'	know/Not sure Go to Q	29.4	7
Refu	sed Go to Q29.4	Ç	9

29.2.	How many times	did this happen?	Would you say.	Please Read

a.	Once	1
b.	Two to five times	2
c.	Six to nine times	3
d.	Ten or more times	4
	Don't Know/Not Sure	7
	Refused	9

29.3. Who did this to you -- what relationship did this person have to you? (If more than one person, code "other" (10) and indicate all of the relationships.)

Read if necessary.

a.	Father	01
b.	Mother	02
c.	Stepfather	03
d.	Stepmother	04
e.	Mother's boyfriend	05
f.	Father's girlfriend	06
g.	Grandparent	07
h.	Another adult who was related to you	08
i.	An adult who was not related to you	09
j.	Other (Specify:)	10
	Don't know/Not Sure	77
	Refused	99

29.4. Before you were 18, did anyone ever touch you in a sexual place or make you touch them when you did not want them to?

a.	Yes	1
b.	No <i>Go to Q29.7</i>	2
	Don't know/Not sure Go to Q29.7	7
	Refused Go to Q29.7	9

29.5.	How many	times did	this happen?	Would you say	Please Read	d

a.	Once	
b.	Two to five times	2
c.	Six to nine times	3
d.	Ten or more times	4
	Don't Know/Not Sure	7
	Refused	C

29.6. Who did this to you -- what relationship did this person have to you? (If more than one person, code "other" (13) and indicate all of the relationships.)

Read if necessary

a.	Father	01
b.	Mother	02
c.	Stepfather	03
d.	Stepmother	04
e.	Mother's boyfriend	05
f.	Father's girlfriend	06
g.	Brother	07
h.	Sister	08
i.	Grandparent	09
j.	Another adult who was related to you	10
k.	An adult who was not related to you	11
1.	A friend or someone you were dating	12
m.	Other (Specify:)	13
	Don't know/Not Sure	77
	Refused	99

29.7. As a child, did you ever see or hear one of your parents or guardians being hit, slapped, punched, shoved, kicked, or otherwise physically hurt by their spouse or partner?

a.	Yes	1
b.	No	2
	Don't know/Not sure	7
	Refused	C

Now I'd like to ask you some questions about your relationships with current or former intimate partners. An intimate partner is a current or former husband, wife, boyfriend, girlfriend, or dating partner.

29.8 In the past 12 months, has an intimate partner hit, slapped, shoved, choked, kicked, shaken or otherwise physically hurt you?

a.	Yes	1
b.	No	2
	Don't know/Not sure	7
	Refused	9

29.9. In the past 12 months, has an intimate partner forced you to participate in a sex act against your will?

a.	Yes	1
b.	No	2
	Don't know/Not sure	7
	Refused	9

29.10 In the past 12 months, has a intimate partner put you down, called you names or controlled your behavior? **IF NEEDED:** Controlling your behavior includes controlling who you can talk to, where you can go or what you can do.

a.	Yes	1
b.	No	2
	Don't know/Not sure	7
	Refused	9

If NO to 29.8, 29.9 and 29.10 *Go to comment after 29.12*. If YES to either 29.8 or 29.9, ask 29.11a. If YES to 29.10 and NO to 29.8 and 29.9, ask 29.11b

Ask if YES to either 29.8 or 29.9:

- 29.11a Now I have a question about your relationship with the person who was violent or abusive to you. Was the person your spouse, boyfriend, girlfriend or date when he or she was violent or abuse to you?
 - PROBE FOR "current," "divorced," or "separated" if SPOUSE.
 - PROBE FOR "current" OR "former" IF BOYFRIEND OR GIRLFRIEND.

IF MORE THAN ONE PERSON, CODE "OTHER" (9) AND INDICATE ALL OF THE RELATIONSHIPS.

Spouse:	a.	Current spouse		01
	b.	Divorced spouse		02
	c.	Separated spouse		03
Boyfriend:	d.	Current boyfriend		04
	e.	Former boyfriend		05
Girlfriend:	f.	Current girlfriend		06
	g.	Former girlfriend		07
	h.	Date		08
or				
	i.	Some other relationship(s)(Specify:)	09
		Don't know/Not sure		77
		Refused		99
Go to 29.12				

Ask if YES to 29.10 only and NO to both 29.8 and 29.9:

29.11b Now I have a question about your relationship with the person who put you down, called you names or controlled your behavior. Was the person your spouse, boyfriend, girlfriend or date?

- PROBE FOR "current," "divorced," or "separated" if SPOUSE.
- PROBE FOR "current" OR "former" IF BOYFRIEND OR GIRLFRIEND.

IF MORE THAN ONE PERSON, CODE "OTHER" (9) AND INDICATE ALL OF THE RELATIONSHIPS.

Spouse:	a.	Current spouse	01		
	b.	Divorced spouse	02		
	c.	Separated spouse	03		
Boyfriend:	d.	Current boyfriend	04		
-	e.	Former boyfriend	05		
Girlfriend:	f.	Current girlfriend	06		
	g.	Former girlfriend	07		
	h.	Date	08		
or	i.	Some other relationship(s)(Specify:)	09		
	1,	Don't know/Not sure	77		
		Refused	99		
Go to Comment after 29.12					

29.12. In the past 12 months, did you see a doctor or other medical care provider as a result of physical or sexual violence by an intimate partner?

a.	Yes	1
b.	No	2
	Don't know/Not sure	7
	Refused	9

COMMENT: These issues are sometimes difficult and uncomfortable to talk about. I really appreciate your answering these questions. If you or anyone you know is ever in immediate danger, they can call 911 or the local police. There is also a confidential, multilingual hotline to help anyone who is being hurt or threatened by an intimate partner. The hotline's number - if you'd like to write it down - is **1-800-562-6025**. You can also find the number in the telephone book in the **State Government** section under "**Abuse/Assault, Domestic Violence Hotline.**"

Section 30: Interview

My last questions are about the interview itself.

[Randomly assign interview to 30.1a (easy) or 30.1b (difficult)]

30.1a. In general, how many of the questions were easy to answer? Would you say . . .

Read a - e:

a.	All	1
b.	Nearly all	2
c.	Some	3
d.	Only a few	4
e.	None	5
	Do not read these responses	
	Don't know/Not Sure	7
	Refused	9

30.1b. In general, how many of the questions were difficult to answer? Would you say . . .

Read a - e:

a.	All	1
b.	Nearly all	2
c.	Some	3
d.	Only a few	4
e.	None	5
	Do not read these responses	
	Don't know/Not Sure	7
	Refused	9

30.2. Was there any one question that was very difficult for you to answer?

a. Yes Which one was it? [Type Respondent's answer:]

888 777

001

b. No Don't know/ Not Sure Refused 999

Closing Statement

That's my last question. Everyone's answers will be combined to give us information about the health and safety practices of people in our state. Your name will not be used. I would like to thank you very much for your time and cooperation.